



**RATIONALE:**

[The Physical and Health Education](#) provincial curriculum K-10 includes topics related to reproduction, sexuality, and sexual decision-making that some students and their parents/guardians may feel more comfortable addressing by means other than instruction by a teacher in a regular classroom setting.

**PROCESS:**

The alternate delivery policy does not allow students to “opt-out” of learning about these topics. It is expected that students will, in consultation with their school, engage in the learning standards by alternative means. The alternative delivery is only available for the topics related to sexuality that are part of Physical and Health Education K-10. This policy does not apply to any other learning standards in Physical and Health Education K-10, nor does it apply to any other British Columbia provincial curriculum.

1. The student and parent/guardian will complete the [Request For Alternate Delivery of Instruction](#) for the delivery of the learning standards.
2. The principal will provide an overview of the appropriate learning standards and will work with the parents to develop and record the [Plan for the Alternate Delivery of Instruction](#) that includes how the student will demonstrate the knowledge and understanding.

The principal will document the alternate delivery agreement and completion of the learning standards and the document will be included in the student file.

Reference: Ministry Policy:  
[Alternative Delivery of the Physical and Health Education Curriculum.](#)