



Columneetza Junior Secondary

May 2024 Newsletter

Columneetza Junior Secondary (Gr.7-9)
1045 Western Ave,
Williams Lake, BC, V2G 2J8
Ph: 250-392-4158

Student Dress Code:



As the SUN begins to shine and the weather gets warmer, a gentle reminder to all students, The key word for Columneetza's dress code is **APPROPRIATE**. Beachwear is not permitted and footwear must be worn at all times. Students dressed inappropriately or wearing clothing citing any reference to alcohol, drugs, derogatory comments or sex will be asked to change. Open toe shoes are not permitted in shop classes or the gymnasium.

SAFER SCHOOLS TOGETHER



PSST is an online anonymous reporting tool that serves the safety needs of today's students.

PSST is a secure and confidential place for students to share information about anything that concerns them at school. Students do not need to provide their name unless they wish to be contacted.

BC Safer School (Parent/Caregiver) Resources:

Below are some links to provide information on student safety in the digital world

<https://saferschoolstogether.com/resources/parent-resources/>

Center for Humane Technology

<https://www.humanetech.com/>



Parent Feedback Opportunity:

On Wednesday, May 15th from 5-6pm parents are invited to the Columneetza Library to give feedback on the current Code of Conduct including digital devices. Annually, the Code of Conduct is reviewed and updated for the upcoming school year. Attached to this email is the Student Handbook that includes the Code of Conduct.

Important Dates

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| May 7 | School Assembly (new date) & Staff Meeting |
| May 13 | PAC Meeting at Columneetza Campus |
| May 15 | Parent Feedback Opportunity - Code of Conduct & Digital Devices |
| May 17 | French Culture Day |
| May 20 | STAT - Victoria Day, No School |
| May 21 | Expo #8 Begins; Norman Foote Concert 5-8:30pm |
| May 29 | Grade 7 BBQ (for Gr. 6 students & families) 5-7pm |



KidSport GRANT APPLICATION KidSport provides funding for kids from families that need financial support to help cover the cost of sport registration fees #SoALLKidsCanPlay! Max grant: up to \$300 per child per calendar year. KidSport Williams Lake 525 Proctor Street Williams Lake, BC V2G 4J1 kidsportwilliamslake@sportbc.com
Tel: 778-775-2304 Fax: 250-392-7884 kidsport.ca/british-columbia

Track & Field for Grade 7s:

This year the Gr. 7 students from Columneetza have been invited to take part in the Williams Lake Track and Field Championships being held from June 5th to 7th on the Columneetza field. The schedule of events is below:

- Wednesday June 5th: 1000m for Gr. 4-7 students after school
- Thursday June 6th: Gr. 4 and 5 students participate in the following events (100m, 400m, Shot Put, Long Jump, and Triple Jump).
- Friday June 7th: Gr. 6 and 7 students participate in the following events (100m, 400m, Shot Put, Long Jump, and Triple Jump).

We are currently installing new jump pits on the Columneetza field and have PHE teachers getting grade 7s familiar with the track and field events. Ms. Menard (Columneetza Track & Field Coach) and her junior athletes have volunteered to help us as well!

Athletics & Clubs at Columneetza:

This link will take you to the Columneetza Website where you can see all of the athletics and clubs available this spring:

<https://www.sd27.bc.ca/lcsscolum/page/838/athletics-and-clubs>

Norman Foote:

May 21st Norman Foote is hosting a concert at Columneetza in the evening of May 21st starting at 5pm. Norman is a Canadian Musician and Songwriter. Families are welcome to attend!

SOAR - Free e-library for Columneetza students



Students can access this e-library from school or home, on their computer, Apple/Android phone, or tablet. There are hundreds of audiobooks, fiction & non-fiction books, and magazines. Just download the free Sora app, find our library (British Columbia Interior/North K-12 Shared Digital Collection), select "Columneetza", and sign in using your school username and password. If you can't find the audiobooks/books you were hoping for, just drop by the Columneetza library – we may be able to add them to the collection.

Change of Address, Contact Information and Updated Legal Documents:

For any families that have moved or otherwise changed any contact information for their child(ren) please call the school at 250 392 4158 and we will update our school records. Items that need continual updates are phone numbers, email addresses, mailing addresses, and custody orders. Thank you for helping us keep your records up to date.



School Messenger - Columneetza is using School Messenger automatic callout module. The program is linked to MyEd BC and sends out emails, phone calls and messages to parents whose children did not go to class for that morning or afternoon (unexcused absence). Parents can respond in kind to the message indicating that the child is ill etc. The system also allows parents to indicate that their child will be away for the day by calling 1 (833) 582-6944, using the phone app, website login or calling the school.

<https://go.schoolmessenger.com>

Parent Advisory Council: A strong relationship between the school and parents is very important in a child's education, and one way of being involved with the school is to be a member of the PAC. All parents are invited to attend Lake City Secondary PAC meetings. The meetings are usually at 6:00 p.m. in the library. PAC Agendas and Minutes will be posted on the school website soon!



NEXT MEETING: May 13 (CSS); June (No Mtg)

Food Sales at Columneetza

Breakfast for Learning – breakfast food is available 5 days a week from 8:10-8:40am. Lunch food is also available every day for students who need a lunch or have forgotten a lunch, see Courtney Mailhot, Youth Engagement Worker. Wraps are sold Wednesdays and Fridays for \$2 per half and pizza is sold Thursday for \$2.50/slice.



E-Sports (League of Legends) Club is Tuesdays and Thursdays after school in room 150, from 3:30 - 5:30pm at Columneetza. Team members are practicing this semester and will begin team competition in the Spring. New members welcome.

The 9-8-8 Suicide Crisis Helpline:

The 9-8-8 Suicide Crisis Helpline is a new service available 24/7/365 to help Canadians when they need it most. The service, accessible via call or text to 9-8-8, offers trauma-informed and culturally affirming support to anyone who is thinking of suicide or who is worried about someone they know. This service is also available in the "Take Action" section of the erase Mental Health and Well-being web page:

<https://www2.gov.bc.ca/gov/content/erase/mental-health>

Foundry - Williams Lake – Cariboo Chilcotin Location:

Offers youth ages 12-24 access to mental health and substance support, physical and sexual healthcare, peer support and social services. 250-398-2185 9am-6pm Monday-Friday.

Criminal Records Review Online Program:

Any person wanting to volunteer at our school will be required to use this code when submitting an online request. Online

Link: <https://justice.gov.bc.ca/criminalrecordcheck>, Access Code: 8ND5W2DD2X

Lunch Hour Supervisors:

We are still looking for interested parents/caregivers/community members to join our team and help supervise students at lunch in the Library and the Gymnasium. Please call or email Hattie Darney if you are interested (250-392-4158 – hattie.darney@sd27.bc.ca). A current resume, 2 references and a Criminal Records Check are required.

Ministry of Education Student Learning Survey - Parent Survey:

Please complete the Student Learning Survey if you would like to provide your feedback to the Ministry. The survey is open until May 3rd, 2024.

<https://www.awinfosys.com/SurveyFull1/central/main/access.asp>

Looking Forward to May 7th National Child & Youth Mental health Day:

Online Event with Kim Barthel- May 7, 2024: We know that having caring, connected conversations can significantly impact the mental health of children and youth. Join us online to listen to Kim Barthel talk about having more self-compassion, self-awareness and knowledge about the art and science of relationships. Our kids mean so much to us, and yet disconnection, dissociation and even the potential for self-harm is very real. A holistic and engaging storyteller, Kim will introduce the basics of attunement, attachment theory, trauma-sensitive practice, sustainable self-care and above all the power of connection and inclusion. For more information and to register for the online event see: <https://may7icare.ca/event-with-kim-barthel/> (Ctrl + Click to follow link)

Columnetza School Website: <https://www.sd27.bc.ca/lcsscolumn>

Facebook Page: “Lake City Secondary – School Page”

