## **Kaden Craig**

## FIRST NATIONS ROLE MODEL 2021



Kaden is a proud member of the Saulteau First Nation (Moberley Lake Band). She is a grade 9 Honor Roll and Work Ethic award student at Lake City Secondary School (Columneetza Campus).

Christine Schiller, English Teacher shares that "Kaden has exceeded course expectations. She is a friendly and polite student who always participates in class discussions. Her writing is exemplary and she goes above and beyond with her work. Her answers are always thoughtful, pertinent, and interesting. Her creative writing is excellent and full of interesting and imaginative details. She has a real flair for creating mood and tone with a story with the detailed descriptions of setting and characters".

Morley Wilson, Physical Education Teacher shares that "Kaden always does her best in class, working with and supporting others. Her academic work always showed a good deal of thought and care.

In addition, I have seen her work on our school's 'Locker Project', sprucing up our school through the painting of lockers into works of literature. Kaden is a positive, strong-willed, confident individual, who takes her responsibilities seriously. I believe she is a deserving recipient of the Role Model title".

Kaden is proud of her First Nations Ancestry and always tries to do her best in everything she does. She has dedicated herself to learning her culture and traditions, the language and stories. Since the beginning of middle school she has been learning the Secwepemc language through her elders and peers around her. Kaden shares that "it's been an adventure of three years learning about both my cultures from home and here. I have learned to gut, de-bone and clean fish, I was shown how to skin a deer properly and how women used to bead head-dresses. I watched as my aunt made me my first ribbon skirt. I listened to her explain the story behind it and how the history is held between the seams of such a skirt that represents empowerment and resilience. I have learned how to make a birch basket that was traditionally used to pick berries, and how to make medicine from the sap. I have listened to the stories told by my Elders and admired how every single one had a strong or knowledgeable meaning behind it. It has been a beautiful experience and I am glad to have had the opportunity".

Clairlouise Harford from Chetwynd, BC shares that "Kaden is growing into a hardworking, confident, respectful member of our community. Committed to her high moral values, her goals, and her continued motivation to uncover new potential, consistently exploring with creativity and optimism. Her steady persistence in the face of all obstacles and difficulties is inspiring".

Kaden lives a healthy and active lifestyle free of drugs and alcohol. She believes that respect is a basic but important part of everything. Kaden says that "a good role model should be understanding and accepting. They should listen to others opinions and try to understand or acknowledge them".

Kaden plans to put her Role Model Bursary towards a drawing tablet to gain experience and practice so she can major in digital design at Alberta's University of the Arts to pursue her life goal of a career in Art.



## Seth Cahoose FIRST NATIONS ROLE MODEL 2021



Seth is a proud member of Tl'etinqox Government (Anaham Band). Seth is in Grade 8 at Lake City Secondary School (Columneetza Campus) and is an 'Honor Roll' and 'Work Ethic' award student.

Physical Education Teacher, Morley Wilson shares that "Seth displayed a high level of positivity in class. He always did his best and worked hard to support others. Seth put a lot of effort into the academic work required".

Math 8 Teacher, Mike Bird shares "I enthusiastically endorse Seth Cahoose for the 2021 Role Model. I was proud to select him as "Student of the Week" this school year. Seth is very polite and personable. He is well liked by the staff and his peers. I would love to teach Seth again next year!"

Seth is very proud of his First Nations ancestry. He shares that he is a proud Tsilhqot'in from Tl'etinqox. He is half Chilcotin and half Carrier. He gives thanks to his Great Aunt Lorianne and her family for taking care of him since the age of 11. He is grateful for all she has taught him and continues to teach him. Seth is always willing to help his Elders whenever he can. He learned to pick Indian tea by helping the Elders. Seth says that "Elders are our 'Knowledge Keepers' and you can learn a lot from them just by sitting beside them quietly". Seth has a love of the land and enjoys the outdoors. He is proud that his grandparents on both sides are hunters and gatherers that live off the land.

Seth leads a healthy and active lifestyle. He is proud to be drug and alcohol free. Being positive and making healthy decisions is why Seth would like to become a leader to those who are in helpless situations, to show them that they can make a difference, and change their future outcome in life. Seth is confident that he will make a good role model because over the past couple of years he has grown stronger mentally, physically, spiritually, and emotionally. He shares "my aunt has showed me love, patience, respect and honor".

In his spare time Seth plays House League Hockey in Williams Lake. His coach says "Seth has proven to be not only a talented hockey player but a well-rounded athlete demonstrating great sportsmanship, character, and leadership. Seth is a very clean player and I can't recall him receiving a penalty in the time I have coached him. He is always very supportive of his own teammates and those on the other team and is well liked by everyone. He remains positive regardless of whether his team is winning or losing. Last season Seth received the 'Most Sportsmanlike Player' for the entire Williams Lake Minor Hockey Association Peewee (U13 Division) recognizing his commitment to sportsmanship. This season Seth was chosen by his teammates and coaches to be an assistant captain for his Bantam (U15) house league team. Although the season was cut short, Seth did an admirable job as an assistant captain for the team".

In the future Seth plans to put his Role Model Bursary toward a new laptop for school and also begin to save for college.

