

# Mountain Lake Alphonse **FIRST NATIONS ROLE MODEL 2014**



Mountain Lake Alphonse is a proud member of the Anaham Band (Tl'etinqox-T'in Government Office). He is a Grade 10 student at Lake City Secondary School (Williams Lake Campus).

Mountain Lake enjoys school and makes a positive effort to keep focused and to be on top of his work. In the future he plans to attend post secondary education.

Ms. Jack, Teacher/Counselor says that Mountain Lake stands out amongst his fellow students. He is pleasant to work with and always arrives with a smile. His positive attitude permeates to those around him. He would be an excellent candidate for First Nations Role Model.

Teacher Michael A. Bouchard shares that Mountain Lake is emerging as a leader, through his work ethic, leadership skills, academic standing, and outgoing personality. He is a very personal young man who is both proud of his culture and his school! He would make a fine choice for First Nations Role Model.

In his spare time Mountain Lake enjoys sports especially soccer. He is planning to join the Williams Lake Wrestling Club. Family time is very important to Mountain Lake, playing games and having fun together. He values his time spent with his Grandparents and he loves to help them out around the house and yard.

Mountain Lake's First Nations culture is very important to him. He loves to learn from his Elders about his Chilcotin history. He knows the joy of making a drum with his Grandpa. He is very involved in activities at Anaham Band and enjoys leading his own team in Lehal Tournaments. He enjoys volunteering to help when there is a cultural camp or when there is a deer brought in – all the steps involved or when there are fish to help out with. He knows it is important to help others and to set a good example for the youth.

Mountain Lake believes that a Role Model should always make positive choices in their life. He is proud to share that he leads a healthy and active lifestyle free from drugs and alcohol. A role model should have many traits such as: **trust** to help many or even just one, **honesty** to be true to everyone, **respect** not just for others but for yourself, involvement and awareness in your culture as to also encourage others to follow. He shares that being a Role Model means to be a positive figure that others can look up to.



**School District No. 27 (Cariboo-Chilcotin)**  
**First Nations Education Department**  
**First Nations Education Committee**

# Norma Handsor

## FIRST NATIONS ROLE MODEL 2014



Norma is a proud member of the Alexis Creek Indian Band (Tsi Del Del). She is a grade 11 student at Lake City Secondary School (Williams Lake Campus) where she is proud to be on the honor roll and work ethic distinction lists. Two subjects that reflect her academic achievement are English First Peoples 11 and Chilcotin 10. She enjoys school and has been nominated Student of the Month.

Ms. Jack, Teacher/Counselor shares that she has known Norma since Grade 8. "Norma has grown into a young lady who shows a great interest in both her own culture and the people around her. She steps forward to be a leader when the opportunity presents itself. She conducts herself with dignity in all that she does. She is also willing to put herself out there to help fellow students".

Mrs. Pedersen, Learning Support Teacher and Professional Learning Community Leader shares "it is a pleasure to recommend Norma for First Nations Role Model. Since Grade 8 Mrs. Pederson has watched Norma grow as a learner and as a school leader. She is a confident young woman. She models dedication to high standards and demonstrates a

respect for others. The other students respect her work ethic and trust her friendship as she makes positive behavioral choices".

At school Norma has received many awards, but most recently she was nominated by Lake City Secondary School as an applicant for the 2014 'Learning to Lead BC Leadership Development Program'. Through this nomination, Norma was selected to attend the Minerva Conference in Vancouver, B.C.

Norma proudly embraces her Chilcotin culture. She gives thanks to her Grandparents at Redstone, who she lived for awhile with when she was younger for teaching her the culture and traditions. They really motivated her by taking her camping and speaking their Chilcotin language to her. Her First Nations culture has taught her to be the best that she can be and to contribute to her nation in the best way possible. Her culture encourages her to give back the generosity and support that she sees so very often. Norma serves her First Nations Community by helping with community clean up and serving to her Elders. At rodeo time she enjoys working in the concession.

In her spare time Norma enjoys attending Pow Wows, sweats, and dip netting.

Norma treasures her Elders as they are essential for us to learn the traditional activities and practices. Elders are important because they are teaching us our traditional legacy.

Norma is grateful for this opportunity to run for First Nations Role Model. She feels that she is ready to embrace the Role Model experience as a time of learning.



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