



# 100 Mile Elementary School

Box 460, 100 Mile House, B.C. V0K 2E0  
Ms. M. Telford - Principal

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Ms. A. Posnikoff – Vice Principal

May 20, 2022

## Principal's Message

The month of May has been very busy with lots of outdoor learning opportunities, school performances, workshops, and sporting events. It is heartwarming and rejuvenating to see the big smiles on our students' faces as they are allowed the opportunity to participate together as a school team in dynamic activities that celebrate and encourage physical health, music and culture, and human connectedness. We are having fun, and looking forward to all that June has to offer with more field trips and sports days planned!



## Cross Country

Over the past several weeks many grade 2 through grade 7 students practiced diligently for the Interschool Cross Country Run that took place May 19<sup>th</sup> at Forest Grove Elementary. We had over 100 students on our school team cheering each other on, and we were thrilled to see an amazing turn-out of parents at the event to help support. It was a great day! Our students represented our school with outstanding sportsmanship and worked hard as a team, resulting in earning the most school points and bring back the Golden Shoe trophy!

We would like to send a big thank you to all of the coaches for their time and dedication: Ms. Poggenpohl, Ms. Hoskins, Ms. Dolinski, Ms. Odegard, Ms. Simcox, and Ms. Davidson.



## **Track and Field**

Some classes have already started training for Track and Field. Mr. Richard Bergen has volunteered to come to our school on Wednesdays to assist classroom teachers during their track and field lessons, with specific focus on shotput and ball throw technique.

Our school track meet will be on June 3<sup>rd</sup> and the interschool track meet will take place on June 16<sup>th</sup>. There will also be a primary play day on Friday June 24<sup>th</sup>!

## **Drumming Workshop**

The drumming workshop through Malicounda Dance took place on May 11<sup>th</sup> and 12<sup>th</sup>. Each class had an opportunity to learn about various percussion instruments, with a particular focus on African drums. The sessions took place in both French and English! We would like to thank the PAC for helping sponsor this engaging learning activity!



## **Art Show**

Over the past few months our Indigenous Support Worker Ms. Reid has been collaborating with classroom teachers to help students prepare work for the upcoming art show. The Grand Opening of the show will be Friday, May 27<sup>th</sup> at the Parkside Gallery. We are grateful for all the work that Penny has done and invite you to checkout the creative talent in our school.

## **Parking Lot Safety**

Please pay attention to the signage in school parking lots. It is important to follow the signs to help keep everyone safe!

## Spring Carnival

Friday May 13<sup>th</sup>, students got to take part in Spring Carnival. Students had a blast participating in the games designed and organized by our PAC.

We extend a special thank you to the parents who volunteered to make this a big success – Jen Johnston, Ashley Keeping, Amanda Grabowiecki, Amber Vigh, Anke Purjue, Caren Folster, and Jason Parmachuk. Another thank you to our volunteers from Ms. Shaw's grade 5/6 class and PSO.



## Release the Rhythm

Today, Daniel from Rhythm Resource brought us an energetic and engaging Artists in School Performance. [www.rhythm-resource.com](http://www.rhythm-resource.com)



A special thank you to grade seven students Makenzie Williams, Zoey Edwards, Anderson Koch, Peyton Kreschuk, Grace Yang, Toran Todd, and Gerard Hutton who volunteered to help set up and clean up after the performance.

## **Bus Registration – ALL Bus Students!**

If your child rides the bus, you **MUST** register them before May 31, 2022 for September 2022. This applies to ALL bus students not just new bus students.

Please email the form to [100mile.busing@sd27.bc.ca](mailto:100mile.busing@sd27.bc.ca) or fax it to 250-395-2517 or choose the link below  
[Bus Registration](#)

## **Elementary Band Concert**

The elementary band concert is scheduled for Tuesday June 21st at 7pm at PSO in the gym.



### **Upcoming Dates:**

- May 23 – No school (Victoria Day)
- May 26 – Class Photos
- May 27 – Art Show Grand Opening
- June 3 – Intermediate Track & Field
- June 7 & 8 – Welcome to Kindergarten (invitations in the mail)
- June 16 – Interschool Track & Field
- June 17 – Tacky Tourist Day
- June 21 – National Indigenous Day / Band Concert
- June 28 – Grade 7 tour PSO during day / Grade 7 celebration
- June 29 – Last day of school for students