



# WINTER AT ECOLE 100 MILE

## Winter Weather

We managed to escape December with seasonally warm weather and enough snow to take advantage of! Teachers made the most of it by continuing to take their classes outside for learning everything from Social Studies, STEM, Art, and of course PE!

As the colder temperatures are moving in, please check with your children to see that they have appropriate winter gear. Many students are arriving at school in hoodies and running shoes and find themselves cold at outside time.

When the temperature hovers in the -12 zone we make a call as to whether or not the students are inside but most days have been outside days and the forecast looks to have more of that in store.

## Reminders

### Lost & Found:

We are continually trying to reunite owners of a multitude of lost items each day. Thank you to Caren for taking videos and posting them on the PAC FaceBook page. Please be advised that after every three weeks or so, remaining items are donated to classrooms as well as Cedar Crest. Not sure where your child's coat is? If they arrive home without it, please give us a call to check the Lost & Found.

## Student Teachers

We are lucky enough to have FOUR student teachers in our school this winter/spring. Mrs Simcox, Mrs Lindberg, Mrs Helmer, and Ms Joyner are all hosts to these incredible candidates and we look forward to having them with us.



# Coming Soon

John Dunn's "Journey North" is an epic adventure where he skis, hikes, and paddles an amazing 8,000 kilometers through beautiful landscapes. It all starts with a thrilling solo kayak trip along Vancouver Island's coast, followed by a tough crossing of the Cordillera mountains.

Next, he journeys through the Boreal Forest, paddling down rivers to the Mackenzie River! Finally, he explores the Arctic Mainland, paddling the Back River and skiing the icy Boothia Peninsula. To top it off, John spends over 150 days skiing on the incredible Arctic Islands of Somerset, Devon, and Ellesmere. It's a thrilling quest filled with adventure and discovery!

## John Dunn Presentation (Jan.30)



## Safer Schools Together Presentaion (Feb 4)

Establishing Respectful Relationships and Consent in Our Communities (Gr. 5–8) – In this session, we will explore the topic of consent, and the dynamics of gender-based violence. We will discuss the current state of gender relations in both the physical and digital landscape, as well as the potential for exploitation within these relationships. Throughout the session, our trainers will provide students with tips and tools to help them navigate and grow in these environments.

PARENTS WELCOME! (Can be viewed remotely if coming to school doesn't work or you'd like to see it at a later time) <https://pages.saferchoolstogether.com/erase-family-session>





## What's So Special About Nature Journaling?

Nature journaling—sketching and annotating observations about natural phenomena—builds crucial cognitive and processing skills like close observation, technical illustration, attention to detail, critical thinking, and the ability to organize and categorize information. These connections reach across the disciplines to make learning more cohesive and increase overall brain development to improve learning in multiple areas of the curriculum. (Students in Ms Dolinksi's class have been journaling in Centennial Park, then building on it with watercolour painting back in the classroom.)



Ms Hamm's class explores the old ski hill..



Mr Feissli's class having too much fun.



Mrs Simcox & Ben Bridal on their way to their on-going Social Studies project at the park.

