



École 100 Mile Elementary

Get Outside!

November flew by in a whirlwind! Snowy days, sunny days, spirit week, adventures in the park, and lessons in curling are just a few of the exciting things happening in our school. Mrs Simcox & Ms Dolinski continue to take their classes outside for learning come rain, shine, or snow!

Outdoor education provides many benefits for students, helping them become more aware of and responsible for the environment. By spending time outdoors, students learn to appreciate nature and understand the importance of protecting it. Research shows that being outside can improve mental and physical health, reducing stress and boosting concentration. This type of education also supports social and emotional growth, encourages holistic development, and fosters cultural awareness. Additionally, outdoor experiences can enhance knowledge retention, making learning more engaging and effective for high school students.



Important Dates:

December 5: Grade 6 & 7 Volleyball Tournaments

December 7: Christmas Craft Fair

December 13: Grade 4/5 lunchtime winter dance

Grade 6/7 Winter Semi-Formal Dance
(6:00 - 8:00)

December 17: Primary Christmas Concert (6:00)

December 18: Intermediate Christmas Concert (6:00)

Hot Lunch

December 10: Hot Dogs (FREE)

December 12: Taco Bowls

December 17: Chicken Noodle Soup (FREE)

December 19: Hot Dogs (FREE)

Notes on hot lunch:

The window for ordering closes three days before the serving date.
Lunch program families: Please let me know when you've put in your order so I can clear the charge.



Holiday Help

The holidays are a time for connecting with family and for some, celebrating Christmas. If things feel a little extra tight for your family this year, and it would help to have some supplies for dinner or a few gifts for under the tree, please reply to the following Form as quickly as possible so that we can connect and make a plan together. <https://forms.office.com/r/GbAqJ1kwpE>

And a Draw!

Burgess Plumbing & Heating is donating a hamper to us to give away to one of our families. Every student will have their name entered into the draw for this hamper. If you would not like to participate, please send me an email and I will remove your name from the draw.



Ms Loewen's 6/7 goes curling!



Grade 6/7 Semi Formal Dance

Thank you to the PAC for organizing our first Winter Semi-Formal. This is an opportunity for our students to get as dressed up as they like, and have an evening of fun and dance.

Doors will open at 6:00. Please be at the school ready to pick up for 8:00. Parents and teachers are volunteering to chaperone and we would like to be able to lock up the school and go home to our own families as soon as possible.

Pick Up/Drop Off Zones

As the weather is cooling, we are seeing more parents pick up and drop off students in the loop at the back of the school. Please remember this is NOT a parking zone. We have noticed an increase in parents parking at the end of the day and waiting for their children to exit. Sometimes this means being parked for 10 minutes or more, causing other parents to have to drive around while waiting to drive through because the loop is full.

The parking lot between the school and Donex has plenty of room if you generally arrive early and need a place to park. Thank you for your consideration of others.



Is your child too sick for school?



Deciding when your child is too sick for school is not always an easy decision.

Children should not come to school if they are sick and unable to participate fully in routine activities. If you have questions and concerns about your child's health, talk with a qualified healthcare professional.

Keep children at home if they have:

- a fever, and keep them home for **24** hours after the fever is gone away without the help of medication.
- vomiting or diarrhea, and keep them home for **24** hours after the last episode.
- a severe sore throat.
- a rash with no known cause.
- a severe cough especially with other symptoms like a runny nose and headache.
- redness, swelling or discharge of the eyes, ears or skin, unless treated.
- been acting unwell and have little energy to join in school activities.

Concert Things:

Christmas Concerts December 17th (Primary) and 18th (Intermediate)
6:00 start time

Please drop off your children as close to 5:45 as you can. They will head to their classrooms while you find your seat. After their performance, students will go back to their classrooms to wait for pickup at the end of the concert.

We have split the concerts again this year to keep things short. Expect that the concert will run for about an hour, and please stay until the end. We had the unfortunate experience of many people leaving partway through the performance last year. The students have already been working very hard to put together a good show, and it is not a good feeling to watch people walking out as you are just taking the stage.

If you have small children, please keep them with you so the students can perform free of disruptions and everyone can enjoy the show they came to see.



