



école Nesika Elementary School
School District No. 27 (Cariboo-Chilcotin)

Principal – Mrs. Holly Zurak
Vice-Principal – Mrs. Heather McKinnon

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November Newsletter

A Message from your Principals: School attendance is crucial in a child’s development. Students who have the best chance to succeed in school are generally those who attend school on a consistent basis. Regular school attendance is an essential part of the learning process and crucial to graduating from school with a strong foundation for further studies and a successful career. Is there something we can do to support you and your family to increase your child’s attendance? Please connect with us, or your indigenous support workers. We’d like to help!

- Mrs. Holly Zurak, Principal

Communication & Reminders:

Safe Arrival Program: Nesika will continue to use the student absence reporting system called “SafeArrival”. If you need help with the program, please call our office. If you have a message for your child – please use the child’s agenda to communicate the after school plan to your child and their teacher. This helps us cut down on calls to the office. Thank you!



Code of Conduct: The Nesika Code of Conduct was reviewed for students at our September Assembly by Mrs. Zurak. Families should review the Code of Conduct and the Family Handbook located on our school website. Both documents have been sent out via email as well. Hard copies are available in the office as needed. Our revised Code of Conduct frames all behaviour as communication, with the Circle of Courage at the center. This is a strength based, resilience-focused approach rooted in the principle that to be emotionally healthy, all youth need a sense of belonging, mastery, independence, and generosity. Please review at home with your whole family. Common language supports our collective good work.

School Food Program: We are pleased to continue to offer a school food program for students who need it. Every classroom receives a “Brain Food Bin” each morning with some grab and go food items. At recess time, a staff member will ask who in each classroom needs a full lunch, or a healthy top-up (additional lunch snack). The staff member then prepares *that many* lunches and top-ups for the day. It is important that students who need this program self-advocate and sign up each day as needed. There is no cost to this program, and no need to contact the school office. If you’re interested in helping with our program or have any questions, please contact Holly in the office.

On Wednesdays our PAC supports our School Food Program with a hot meal that is ordered through MunchaLunch. Families are encouraged to pay if they can, but a free option exists as

“Learning, Growing, and Belonging Together”

well for families who may need it. Any funds raised go back into our food program. Questions? Contact Latisha at nesikapac@hotmail.com.

November 6th - Corn Chowder

November 13th - Hot Dogs

November 20th - Chicken or Veggie stir fry and rice

November 27th - Meatballs with Mashed Potatoes



MunchaLunch will be open from November 1st – 30th to order **DECEMBER** Lunches.

Volunteering: If you are interested in volunteering with field trips or working with children without direct vision of a teacher, it is school board policy that you have a criminal record check done. Criminal record checks are good for 5 years and are **FREE** of charge.

Here is an online link: <https://justice.gov.bc.ca/eCRC/>

Access Code: SY3V4XZJG7

All volunteers must sign in and check in with the office.

School Clubs: Lunch hour clubs are another way students can connect to our school community and feel a sense of belonging. We are beginning to develop a list and calendar for school clubs. If you or a family member have a passion to contribute, please contact Vice-Principal Heather McKinnon at heather.mckinnon@sd27.bc.ca to put your idea and time forward!

Preparedness & Colder Weather: Now that it's colder in the mornings it is very important that your child comes dressed for the weather. Please make sure your child has adequate winter clothing (warm jacket, snow pants, gloves, and a toque) also pack an **extra set of clothing (ALL ages!)** to keep at school as they will be outside in all weather conditions during learning time and during break time. If you need assistance with preparing your child for winter conditions, please contact Holly at the school. When there is enough snow, children are permitted to bring their crazy carpets and foam sliders – please label them with child's name. **Hard plastic saucers and other sliders are not permitted.** Students must have snow pants, boots and mitts to slide.



Starfish Backpack Program: Starfish backpack program is sponsored by the Daybreak Rotary Club of Williams Lake with the support of many community donors and volunteers. This program provides support to families in need with food over the weekend. Each student is provided with a backpack with sufficient food for the weekend. If you or anyone you know could benefit from this program, please contact the office. A huge thank you to the Williams Lake Rotary Club for this support.

Cross Country Results: Congratulations Nesika Knights Cross Country Runners! We sent over 40 runners for our District Cross Country event placing **FIRST** in the district. It was a fantastic morning, filled with excitement and determination. Thank you to coach Ms. Nasuszny for preparing our runners.

Mark Your Calendars / Events:



Remembrance Day Assembly: Our assembly will take place on Friday, November 8th at 9:15, everyone welcome. **There will be no school on Monday, November 11th.**

Scholastic Book Fair: Scholastic Book Fair is coming to Nesika from November 12-14th! November 13th and 14th are **early dismissal days** so you can check it out during our parent night!

Parent/Teacher Conferences: Parent/Teacher Conferences will be held on November 13th and 14th, please watch for scheduled times coming home this week!

Pro-D Day: There will be no school on Monday, November 25th.

Inter-school Sports: Volleyball for our grade 5/6 athletes is ongoing. Thank you to Ms. Therrien, M Routtu, Mr. Wallin and Mme Easthope who will help with practices and coaching!

Red Tomato Pie Student of the Week:

Congratulations to the following students who received a “Red Tomato Pie Coupon” and a “Student of the Week” pencil for being nominated as Student of the Week.

Week of September 11-20: Izzabelle M. nominated by Ms. Murphy

Week of September 23-27: Allegra S. nominated by Mrs. Vander Putten

Week of September 30-October 4: Ayden L. nominated by Ms. Wijma

Week of October 7-11: Olivia Z. nominated by Mrs. Johnson

Week of October 14-18: Bryston G. nominated by Mrs. Jack

Week of October 21-25: Miles K. nominated by Mrs. Testawich

Week of October 26-November 1: Logan M. nominated by Ms. Campsall



PAC NEWS/Nouvelles de PAC

P.A.C. AGM Election Results:

Chair: Jesse Madden

Vice-Chair: Carmen Griffin

Secretary: Jessica Hoeft

Treasurer: Laura Bongers

Food Program & DPAC Rep: Latisha Kirechuk

Find us on Facebook/Retrouvez-nous sur Facebook @ Nesika

P.A.C. for news, updates, reminders and opportunities to get involved at Nesika.

Fundraiser Deadlines:

DeVry Poinsettia Orders: Deadline for ordering is November 12th

PAC Meeting: The November PAC meeting is **Wednesday November 20th from 5:00pm-6:00pm** in the library – all parents welcome! Childcare available. Questions? Contact:

nesikapac@hotmail.com

“Guiding Potential into Reality”