**Lac La Hache Elementary School**



4787 Clarke Ave

Box 128

Lac La Hache, BC V0K 1T0

Phone: 250-396-7230 Fax: 250-396-4092

Principal: Shawn Nelson

**Feburary 10th 2022**



* Feb 11th - School Skating Day
* Feb 14th - Valentine’s Day
* Feb 16th - Below Zero Workshop
* Feb 18th - PRO -D Day **(No School)**
* Feb 21st - Family Day **(No School)**
* Feb 23rd **-** Pink Shirt Day

Principals Message

The Staff of Lac la Hache Elementary are excited for the return of students to Term 2 of the 2021-2022 school year. We look forward to welcoming students back. The startup will align with the Ministry of Education guidelines and is in accordance with the health guidelines for K-12 schools from the Provincial Health Office.

Reminder:

* Complete a daily health check.
* Stay home when sick.
* Get vaccinated
* Daily health check app@k12dailycheck.gov.bc.ca



 Valentine’s Day is Monday February 14th, the students will have the opportunity to exchange Valentine’s Day Cards this year. I have attached a list of student’s names.



 Below Zero Workshop

The Below Zero Workshop will be held on Wednesday February 16th in the afternoon at the school. Our students will have the opportunity to examine the different elements of freezing

and will be able to take part in some fun experiments.

Wednesday February 23rd is Pink Shirt Day, come to school in pink and support this wonderful Anti bulling cause. Our school has purchased bracelets for all the students to wear and take home with them.



Kindergarten registration is still available at Lac la Hache Elementary. If you have any questions, please contact the school. Parents are asked that when they come to our school to wear a mask, sanitize when you arrive and be aware of social distancing practices

Skating Days

Lac La Hache Elementary will be continuing with the School Skate Days starting on Friday January 14th as long as the temperature doesn’t dip below -15 degrees. Please ensure that your child is equipped with the proper clothing for the event (gloves, helmet, warm jacket) as the rink can get cold.

**PAC**

Thank you for the support that the PAC has given the school and we appreciate the time that you have put into making Lac la Hache a better place for students. There have been some changes in the executive of the PAC, and we are looking for other parents to join the team to help make the school a more welcoming place. Thank you to Pam King of Pam’s Food Service for providing us with nutritious lunches for our lunch program. I would also like a BIG thankyou to Wade and Angie Cole, Carla Wade, Kristina Coulson, Sara Henderson, Cathy Steigleder for all the work you do for our breakfast and lunch program to keep our students well fed and happy😊

 We also appreciate the community members that continue to support our food programs at our school.

**Electronic Newsletters from LLH and the PA**C 

We have started to send school newsletters and PAC updates home electronically. If you would like to receive your school newsletters and PAC updates by e-mail, please let the office know and they will arrange it for you.



Meals Program

Our grab-and-go breakfast program

has been very successful and will

continue for the remainder of this

year.

**Students and Anger**

We should be teaching our children to deal with and properly manage their emotions. This is not hard to do and will benefit your child for the rest of his or her life. If you’re not already doing the following things, you should start. (This is part of an article written in December of 2018 by Gerald Sinclair that outlines 14 Things You Should Teach Your Children To Help Them Manage Their Emotions). I have found this a useful tool. I will continue to put one or two of the points in each newsletter, take it as you wish.

**9. Talk to them about how you handle your emotions.**

Talk to your children about how you handle your own emotions. Make sure they know that you work to cope with the things you’re feeling properly and how important that kind of thing is. They should know that bottling their emotions is not a good thing to do.

**10. Spend time outdoors together.**

Being outside is something that helps to relax people big time. Making sure your kids know the importance of being in nature and spending time with the people they care about. While it might not seem like much at first as time passes it will work wonders.

 Valentine’s Name List

|  |  |  |
| --- | --- | --- |
| **Name** | **Gender** | **Grade** |
| Madison | F | 7 |
| Jayme | F | 3 |
| Ryder | M | 2 |
| Anna-May | F | 5 |
| Zander | M | KF |
| Kohl | M | 4 |
| Lynden | M | 2 |
| Allissa | F | 5 |
| Sawyer | M | 4 |
| Cody | M | 4 |
| Marley | F | 7 |
| Avaya | F | 1 |
| Summer | F | 2 |
| Marcus | M | 7 |
| Ari | M | 1 |
| Landon | M | KF |
| Trent | M | 6 |
| Daylyne | F | 7 |
| Andrew | M | 3 |
| Jenna | F | 3 |
| Nicolas | M | 2 |
| Brielle | F | 3 |
| Addison | F | 2 |
| Jaxon | M | 3 |
| Adler | M | 4 |
| Slater | M | 3 |
| Brooklyn | F | 2 |