

School Floor Hockey 2024

If you see any mistakes or have any questions, please let me know.

School Contacts:

School	Contact	Dismiss	School	Contact	Dismiss
Nesika	Holly Zurak	3:00 pm	Cataline	Dwayne Benvin	3:00 pm
Mountview	Kevin McLennan	2:10 pm	Marie Sharpe	Kelly Glen	3:00 pm
150 Mile	Craig Munroe	2:05 pm	Chilcotin Road	Gregg Gaylord	2:30 pm
Horsefly	Calvin Williams	2:20	Big Lake	Sari Small	2:00pm

Basic Rules:

- Play three 15-minute periods of running time, with a short water and coaching break in between each period. If time is an issue shorten or lengthen periods appropriately.
- Each team is responsible for bringing their own sticks and goalie equipment and **they must be floor hockey sticks not wooden or fiberglass**. The goalie must wear a mask.
- Home team should try to supply a referee, but coaches may have to share refereeing duties if a referee is not available.
- Teams should play with 5 on the floor plus a goalie but may switch to 4 plus a goalie if both coaches agree.
- No offside
- Substitute players when play stops or on the fly.
- To start a period or after a whistle, play resumes with a face-off.
- Players must be on their own side of the face-off spot during a face-off.

Penalties:

- Most penalties are 2 minutes for minor infractions. No more than 2 players can be penalized at one time and penalized teams will play short-handed for the duration of the penalty. Misconduct penalties are 5 minutes and occur from repeated minor infractions or unsportsmanlike behaviour. **Questioning the refs call is a 5-minute misconduct.**

2-minute penalties:

- slashing
- holding
- roughing or body checking
- high sticking (stick raised above the waist)
- freezing the puck (except for goalies)
- too many players on the floor
- hitting the goalie's glove with stick when they have their glove on the puck

Equipment:

Floor hockey is meant to be non-contact and a different game than ice hockey. Players are not allowed to wear regular hockey equipment such as hockey gloves, shin pads or helmets. The use of this equipment causes players to play rougher, and more injuries and penalties occur. Sticks must be proper floor hockey sticks with plastic shafts and blades. No aluminium or wooden sticks allowed as they lead to more injuries such as broken fingers and swollen ankles.

Goalies are the only exception and should be fully equipped with proper goaltending equipment. However, goalies must wear actual street or floor hockey pads. Ice hockey goalie pads are way too big and give an unfair advantage to the goalie wearing them. Goalies must also use plastic sticks.

FLOOR HOCKEY SCHEDULE 2024

BOYS “A” LEAGUE

- Games start as soon as teams arrive at the school and should be finished around 4:30 pm at the latest.

Teams

Cataline	Nesika
150 Mile	Mountview
Horsefly	Chilcotin Road

Date	Home Team	Visiting Team
Tuesday April 9	150 Mile	Chilcotin Road
	Nesika	Mountview
	Cataline	Horsefly
Tuesday April 16	Nesika	150 Mile
	Cataline	Mountview
	Chilcotin Road	Horsefly
Tuesday April 23	Cataline	Nesika
	Chilcotin Road	Mountview
	150 Mile	Horsefly
Tuesday April 30	Mountview	150 Mile
	Nesika	Horsefly
	Cataline	Chilcotin Road

FLOOR HOCKEY SCHEDULE 2024

BOYS “B” LEAGUE

- Games start as soon as teams arrive at the school and should be finished around 4:30 pm at the latest.
- One team will have a “bye” each week if an odd number of teams.

Teams

Chilcotin Road	Mountview
Cataline	Nesika
150 Mile	Marie Sharpe
Big Lake	

Date	Home Team	Visiting Team
Monday April 8	Cataline	Nesika
	Chilcotin Road	Big Lake
	Marie Sharpe	Mountview
	150 Mile	Bye
Monday April 15	Nesika	Marie Sharpe
	150 Mile	Big Lake
	Cataline	Chilcotin Road
	Mountview	Bye
Monday April 22	Mountview	Chilcotin Road
	Nesika	150 Mile
	Marie Sharpe	Cataline
	Big Lake	Bye
Monday April 29	Chilcotin Road	150 Mile
	Cataline	Mountview
	Marie Sharpe	Big Lake
	Nesika	Bye

FLOOR HOCKEY SCHEDULE 2024

GIRLS “A” LEAGUE

- Games start as soon as teams arrive at the school and should be finished around 4:30 pm at the latest.
- One team will have a “bye” each week if there are an odd number of teams.

Teams

150 Mile	Nesika
Chilcotin Road	Cataline
Mountview	

Date	Home Team	Visiting Team
Thursday April 11	Nesika	Chilcotin Road
	Cataline	150 Mile
	Mountview	Bye
Thursday April 18	150 Mile	Chilcotin Road
	Nesika	Mountview
	Cataline	Bye
Thursday April 25	Mountview	150 Mile
	Nesika	Cataline
EARLY DISMISSAL	Chilcotin Road	Bye
Thursday May 2	Cataline	Mountview
	Chilcotin Road	150 Mile
	Nesika	Bye

FLOOR HOCKEY SCHEDULE 2024

GIRLS “B” LEAGUE

- Games start as soon as teams arrive at the school and should be finished around 4:30 pm at the latest.
- One team will have a “bye” each week if there are an odd number of teams.

Teams

Nesika	Marie Sharpe
Chilcotin Road	150 Mile
Mountview	

Date	Home Team	Visiting Team
Wednesday April 10	Nesika	Chilcotin Road
	Marie Sharpe	Mountview
	Cataline	150 Mile
Wednesday April 17	Chilcotin Road	Marie Sharpe
	Nesika	150 Mile
	Cataline	Mountview
Wednesday April 24	Marie Sharpe	Nesika
	150 Mile	Mountview
EARLY DISMISSAL	<i>Cataline</i>	Chilcotin Road
Wednesday May 1	PVP Mtg	